

Mobiles Worksheet

In your groups, talk about your case study.

Case Study

Vicky is 18 and has borrowed her Dad's car for the evening to go to the cinema. Her friends are waiting for her outside the cinema. The film is about to start and Vicky is running late after promising her friends that she would meet them early so they could get a good seat and some snacks for the film. Vicky has her phone on the passenger seat and she sees it light up. She suspects it is her friends asking where she is. She picks up the phone while she's driving and reads the text.

Her best friend Rachel has texted her.



Vicky doesn't want the others to leave her behind so she replies to Rachel's text to tell her that she will arrive soon. She doesn't see that the cars ahead have stopped at a red traffic light and drives into the car in front.

Why did Vicky do that?

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What should she have done?

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Safe Drive Stay Alive

Your action plan

For each of these situations, draw an arrow to the action you will take. You can pick more than one action for each situation. You don't need to use all the actions.

Situations

I am offered a lift by a driver who I know often uses their phone when driving

Another passenger is showing the driver a message on their phone

I am helping the driver to navigate and my phone goes off

The driver gets a text and they start reading it

I hear that the driver has a facebook notification and I really want to see what it is

Actions

Use my SAFE plan

Remind myself that if its important the caller will leave a message

Think about how much less fun my life might be if we crashed and I was paralysed

Remember that most of my friends think using a mobile while driving is stupid

Remind myself that I'm being a good friend by not distracting the driver

Your Idea.....

SAFE plans for mobile phones

What is your SAFE plan for when the driver starts to use their phone?

Say something funny

Ask them to stop

Feel uneasy

Exit